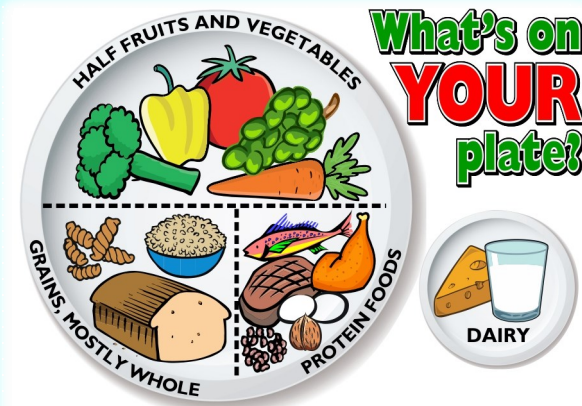


MENUS FOR DECEMBER 2024



Henry County Elementary Afterschool Enrichment Menu

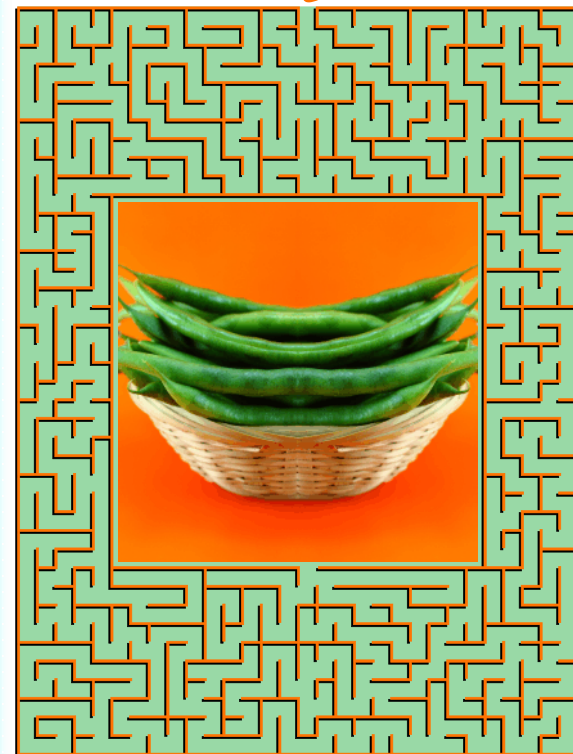
This institution is an equal opportunity provider. Menus are subject to change.



Set the beans free!

Green Beans are loaded with vitamins, minerals, and fiber. But on our holiday tables, these super heroes are too often overwhelmed with butter and goopy sauces. You can help! Find your way to the center of the maze, where fresh green beans, ready to be steamed with healthful seasonings (and, if you insist, just a touch of butter!), are waiting for you to set them free!

Start here!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Henry County School Nutrition Elementary Snack Menu

Monday, Dec. 2 WG Poptart Milk	Tuesday, Dec. 3 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, Dec. 4 Smart Snack Chips 100% Fruit Juice	Thursday, Dec. 5 Goldfish Crackers 100% Fruit Juice	Friday, Dec. 6 Mini Chocolate Chip WG Cookies Milk
Monday, Dec. 9 WG Muffin Milk	Tuesday, Dec. 10 WG Frudel 100% Juice	Wednesday, Dec. 11 Smart Snack Chips 100% Fruit Juice	Thursday, Dec. 12 Mini Bagels 100% Juice	Friday, Dec. 13 WG Cereal Milk
Monday, Dec. 16 WG Poptart Milk	Tuesday, Dec. 17 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, Dec. 18 Smart Snack Chips 100% Fruit Juice	Thursday, Dec. 19 Goldfish Crackers 100% Fruit Juice	Friday, Dec. 20 Mini Chocolate Chip WG Cookies Milk

SEE YOU IN

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HAPPY
NEW
YEAR!

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Last day
of school:
December 20

Classes
resume:
January 8